



Hnub Tshiab: Hmong Women Achieving Together

Hmong Women Leadership Institute

FACTS SHEET

- The program is limited to 15 participants (Hmong women)
- Participants are at least 21 years of age and older
- Lead Facilitator/Trainer: Dr. Mai Moua
- Guest Speakers and Facilitators in Leadership
- Curriculum is based on four levels of leadership:
 - Personal Leadership: developing leadership understanding on a *personal* level
 - Family/Clan Leadership: developing leadership within a family/clan system
 - Organizational/Community Leadership: developing leadership to work within *organizations* and *communities*
 - Global leadership: developing leadership to effectively address *global* issues
- The curriculum and program emphasizes HWAT's mission: to create lasting cultural, institutional, and social changes
- The program is a combination of education, training, and community building. It combines personal leadership skill development, group discussions, case studies, group mentoring/coaching, reflection, community action projects, and others
- Participants create personal leadership development plans that meet personal and professional goals
- Workshops are held in the *evenings* from 5:30 to 8:00pm, August through December 2008. Tentative dates for training include the following:
 - August 1-2, 2008 (Retreat and orientation)
 - August 25, 2008 5:30pm to 8:00pm
 - September 8, 2008
 - September 22, 2008
 - October 6, 2008
 - October 20, 2008
 - November 3, 2008
 - November 17, 2008
- Participants are required to attend at least seven of the eight sessions; two of these must include the first and last day of the program
- Group Mentoring/Coaching is required and will be available for participants throughout the program

This program is based on the idea that leadership is a strategy for systems change. It aims to develop Hmong women leaders that will create lasting change within their communities. Therefore, the curriculum and program does address typical leadership skills such as communication, advocacy, managing groups and teams, interpersonal conflicts, and others; however, the focus is to use these skills to create systems change. Participants who will benefit and learn most from this program are those that want to create and facilitate systems change on a personal, family/clan, community/organizational, and/or global level.

For more information about the project, please contact:

Mai Moua, Ph.D., Leadership Paradigms, Inc., 1595 Selby Avenue, Ste 112, Saint Paul, MN, 55104.
Phone: 651.523.0540, Fax: 651.523.0541, Email: info@hmongwomenachieve.org